Bullet Journaling Ideas with CBTV Live

Chapter 1 - Chapter 1
Using Pens in your DIY Planner
- Hey, everybody. It's Courtney from Creativebug coming at you live like we always do on Tuesdays and Thursdays. And I'm here with Michaela from Sakura of America. One of our favorite people to have onscreen with us for these live shoots. So great to have you here. Happy New Year! - You too! - Did you have a great holiday? - I did, I ate too much. - Ooh. Anything delicious? - Yeah, I learned how to make a really good garlic noodle recipe. - That sounds really good. You're gonna make me hungry. We might have to end this live shoot early so that I can get some garlic noodles. I love that. Are you feeling fresh for the new year? - Yeah. I'm ready to try doing a planner, maybe. - I know, it's one of those things that you think you're gonna do. You're gonna dive in, you get all the stuff for it, and then you're like, "Oh, this seems overwhelming." - Or you buy one at the store and it has stuff in it that you know you're never gonna use. - Exactly! Exactly. If you guys have been following along, we just released a DIY planner class with Faith who is one of our Creativebug artists. And it's a pretty amazing planner. We have a couple of copies of it here. It has a hardback customizable cover. And then it has three different downloads for page inserts. You can do a traditional calendar page. And because bullet journaling is so popular right now and... Actually, neither of us had ever heard of that. Had you? - A little bit, only because our product Micron is one of the things that pops up a lot when you're bullet journaling. - Yeah. Yeah, I hadn't heard too much about it, but then I kinda dived down the rabbit hole of possibilities. - Yeah, there's a lot. - We did this dot-grid style which is really customizable and flexible for different kinds of layouts, which Micheala's gonna share some ideas for those. And then there's also a grid paper, which I don't have in this text block. Do you have an example of it there? Yeah, so like your traditional graph paper. And you can download all three of those types of pages. And the other thing I love about Faith's design for this is that the text block lies flat and open, so that's really handy. - Yeah, that's really nice. - And like we said, you can also customize the covers. This one happens to be a pattern cover, which is pretty awesome. And I did a little bit of bullet journal searching and there are a lot of options, it sounds like. But I know that you have some great pens that work for layering possibilities. Thick and thin lines, brush tip lettering. - And a lot of color payoffs so you're not going back and forth and ruining all the hard work you put into making this nice planner. - That makes sense, so you don't have to have special paper. You can just use regular paper. That's so cool. I love this spread that you did for envisioning. Do you wanna show us how you built this? - Sure! Yeah! I just took an illustrative element. Kind of pulled from Lisa Congdon's drawing classes. So if you wanna grab a couple of colors. These are Koi coloring brush pens, so they're water-based. And they're really great for blending together. You can also use them as a watercolor. There are 48 colors, there's a lot of colors. - We use them in my Surface Design class, the Pattern a Day class. It's cool you said you can use them with just a water-blending pencil. People who, you were mentioning earlier, that do planar painting go out and do some field sketching with this first. - And then another fun thing that I just kind of figured out how to do with them is you can blend them on the tip of the marker itself. So you can add a darker shade to the lighter one. - [Courtney] Fun! - [Michaela] And then you can letter it with that. So I'll just do... So it starts out kind of dark. And then as you go, it starts to lighten up. - [Courtney] That's cool! - [Michaela] Am I spelling this right? (laughs) - [Courtney] Yeah! This is live, which means, one, you can right questions, and two, if there are any spelling mistakes, you'll see them but that's okay. -

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[Michaela] Yeah, so it's kinda neat. You can blend different colors with it and get different effects. - [Courtney] I'll try that. (gasps) Whoa! - [Michaela] So that's the perk of having a water base. - That's really cool. - It is cool. - [Courtney] Now I'm upset. She didn't even share that before we started. - [Michaela] I know. (laughs) - [Courtney] It's like a sneak attack. So cool. - [Michaela] So I'm just gonna do an intentions board, some people have it. I've seen examples where they do goals. - [Courtney] I love that. - [Michaela] So I'll just do "envision 2017." And then... The nice thing about these is their layering. And another product we have that's really cool is this marker called Permapaque. So it's very opaque. You can use it to mark on wood, on plastic. Different surfaces. You can try it on a lot of different things. - [Courtney] So you can customize your pencil box, or the cover of your journal. And it comes in two tips. - [Michaela] Two tips: bullet and chisel. - [Courtney] Cool. - [Michaela] So I'm just gonna make some lines here, and then I'm just gonna write over them. But see how opaque it is? - [Courtney] I love it! So it's kind of like a paint pen but with no shaking and no oil and no smell. - [Michaela] No smell, that's the best part. - [Courtney] That's really cool. I love this. - [Michaela] The blue and green's pretty. - [Courtney] Does it normally... A color combo I would go for, I just thought I'd go like cool, since you've got warm going. - [Michaela] Yeah! So I guess you can just write some of your goals for 2017. - [Courtney] I misspelled "intentions." (Courtney giggles) (Michaela laughs) I put an S instead of a T. - [Michaela] Maybe you should have put a Z. (laughs) - [Courtney] "Intenzions." - [Michaela] So this is another product we have. It's brand spanking new. - I know if you guys love the Microns, like Lisa Congdon's using them all the time, right? They've got some new Microns coming out. Because I know my problem with the Microns is I push too hard. - This is for heavy-handed people. It's perfect for that. - I love it. - You can use it as a writing instrument or as a drawing tool. So, the "PN" stands for "plastic nib." It's very, very durable. I don't know how close you can get on this but it's got like a really durable plastic nib. And you can just kinda see how it writes. I'm gonna say "try new recipes" as one of my intentions. - [Courtney] Oh, what's my intention? - [Michaela] It just kind of bounces off the paper. It's really nice. It's the same pigment ink so it's opaque, waterproof and archival. - [Courtney] I love that. - [Michaela] Yeah, and it comes in a lot of colors. You didn't mention the giveaway yet, but we do have a set to give away. - [Courtney] That's right! So if you guys like Sakura of America, like the Creativebug page, and maybe comment and tag a friend, you can win this new set of the Pigma PN Microns, which is so awesome, a set of these Koi brush pens, and then the Permapaque. Michaela was showing you the fat tip. These are the skinny tip which is great for getting into the details of your journal. - And it's good for travel because they're small. - Perfect. - So they don't take up a lot of space. I'm gonna tell myself to cook at home more because I think I go out to eat too much. - [Courtney] Me too. It's so fun. - [Michaela] There's so much good food out there. - [Courtney] "Travel more." - [Michaela] Yeah, that's a good one. I wanna do that too. - [Courtney] Sleep more. I need to sleep more. Maybe I'll spell things better. - [Michaela] I wanna find new podcasts to listen to. - [Courtney] What's your favorite podcast? - [Michaela] I like true crime podcasts. - Oh! You know, what was that one... Oh, God, I can't think of it right now. The one where they reinvestigate. - [Michaela] Oh, I don't know that one. That sounds fun, too. - [Courtney] I'll think of it in a second, I'm sure. See, sleep more. It'll help my memory as well. I tend to be like a person that makes a lot of lists on post-it notes and then they wind up in a pocket, and then I forget to check everything off. But I think having a planner where kind of everything is listed is a good place to-- - This one's neat, too, because you can look back on it at the end of the year and actually check off the things that you've accomplished. - [Courtney] Ooh, "treat yourself." - [Woman] We have our first question. Dondra wants to know, "How do you win the pens?" - Oh, Dondra's asking... Thanks for writing in.

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How you win the pens. So you need to tag a friend or comment in this post as it's happening live. And probably 'til the end of the day because we can pick our winner tomorrow. And then you'll be entered to win this awesome giveaway package. So the new Microns, the Koi set, and the Permapaque. - [Michaela] I'm gonna do little doodles in here, too. So one of the fun things I wanted to show you about all three of these products is how well they layer together. So you can the Permapaque went down pretty smooth and then I was able to do Micron over it. - [Courtney] I love that, it's really nice. - [Michaela] And so it's just kind of fun to have different textures, different rainbow color, in your book. You can kind of create your own palette. So a lot of the things work well together, like this peach-- Where'd it go? Peach Permapaque looks really pretty with these colors. - [Courtney] You can kinda create a new palette. This is so fun. - [Michaela] Yeah, I get why people do this. (laughs) It's pretty... Pretty satisfying. - Yeah, I don't know if any of you guys have tried the bullet journal, the bullet journaling in general. And maybe you have some tips or you've worked with some of these materials and have your own take on them. Like we said, if you go down the hashtag, or check out the website for bullet journaling, there's so many great ideas. But I really like some of the ones that you're presenting here. It's interesting to see how you can adapt these planners to kind of your own style and put forth your own intentions. - [Michaela] I'm pretty visual, so this is helpful for me to kinda see the big plan for the year. But these are just layering over the Koi brush pen. So that's a water base, this is a pigment base, and nothing's bleeding into each other. - [Courtney] That's so cool! That color palette's so pretty, too. - [Michaela] Thanks. - [Courtney] "Cook at home." Do you have a favorite thing to cook? - [Michaela] Pasta. I love pasta. Yeah, it's delicious. - [Woman] We have a question. Eliza asks, she says, "You mentioned you can use the brush pens as water. How do you do this?" - Well I don't have one with me today but you can do a water brush or just a regular paintbrush dipped in water. And you can lay it down on paper, watercolor paper, and then blend them together. You can take a little piece of plastic and color the pen on it first. Dip the water in there with the brush-- - It's like a palette. - Yeah! So they're really versatile. - That's awesome. I haven't used them that way intentionally with a water brush marker, but that's really cool that you can blend them. That's awesome. - Try different things. - I love that and then you can maybe even leave some blank so you can add new kind of intentions for the year. - [Michaela] Yeah! Have fun with it. That's like one thing you can do with these. - And you had a really cool calendar idea, too. - Oh, I did, yeah. I saw that you had this nice calendar template here. I like my month to be very visual, so you can fill in your big tasks or appointments or something. Just sort of see how busy everything gets. - [Courtney] Kind of at a glance, and look at a glance. - [Michaela] Yeah, and so I decided when I did my calendar to do just big bold numbers in all of the boxes. So you can do that, too. - [Courtney] And that's with the Permaqaue? Is that how you start? - [Michaela] I would probably do it with a lighter color. Maybe not one of the bold ones. Maybe I'll just do the peach again. - [Courtney] Cool. So for me, maybe yellow. - [Michaela] And just go big. Big letters. - [Courtney] January actually starts on a Sunday. - [Michaela] It does! So you can go skinny side or the chisel side if you want to. There's 31 days this month. - [Courtney] Ooh, it's so satisfying. - [Michaela] It is. - [Courtney] You went skinny tip, I went fat tip. - [Michaela] Yeah, you did. And then at the end of the month, if you have leftovers, you can fill it in with that and make a nice background for yourself. And you can take notes in those boxes. - [Courtney] Oh, that's a good idea. - [Michaela] Just add some color, right? - [Courtney] Yeah. Oh my god, this is exciting the five-year-old me, or the ten-year-old or whatever. - [Michaela] I hope I don't skip any number. - [Courtney] I know. - [Michaela] I love how this is all flat and you can just write over the seam. It's such a nice design. - [Courtney] The lying flat is so key. - [Michaela] You don't get that with

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store-bought ones all the time, either. - [Courtney] Alright, so 31 days, and then color in. Maybe I'll color mine in with your peach when you're done. - [Michaela] Yeah, you could do stripes. - [Courtney] We have some questions, too, because we're live. - [Woman] So Emily asks, "What is your favorite pen?" - My favorite pen, personally? - [Woman] Yes. - I'm really into the brush pens right now just because I've been doing some lettering. And you can use them, like I said, to blend. You can also use them for drawing like the ways that you've done them in your tutorials before. So they're just really versatile. So they're not just pens, they're like an art product, an art supply. And you can do lots and lots of things with them. - Yeah, they're very adaptable. - And there's so many colors. I'll show you my color chart. (laughs) And it comes in this box. You can have all these 48 colors. So there's gray-- - [Courtney] They're pretty sexy, I have to admit. We have a set here at the office that I love to use. - [Michaela] And there's just... - [Courtney] The grays are so pretty, even. - [Michaela] They are! So they're great for layering, too, so you can do a blue and add some gray to it. It kind of creates a different hue. - [Courtney] Nice. I love that. It's so pretty. - [Michaela] Okay, so I guess we should put January up here. I'm just gonna do it in the same color. Maybe I'll do peach. Orange. Just however you wanna write it. And then take one of the... The PNs, the Micron PNs, and just write your appointments over the number. - [Courtney] Oh, I love that. Need the black? - [Michaela] Sure, you can use the black. I'll do blue. - [Courtney] So my friend Kara's birthday is on the eighth. - [Michaela] I'm here today, so I'll do Creativebug on the fifth. And you have all this space to pattern, too, so you can do some half-circles or something. And layer them. There's all this fun blank space to play with to really personalize your calendar. - [Courtney] I know, this is addicting. I love it! It's all about starting good habits, I feel like. It's good to, like, start off. A customizable planner helps you do that. Having the right pens. - [Michaela] And all the colors. We can choose from all these colors and textures. - [Courtney] I love it. What else is happening in your month? - [Michaela] Let's see, I have-- - [Courtney] Oh, I love this little detail. - [Michaela] Yeah, you can go back in and color it if you want to. - [Courtney] I love how these all layer so well together. It's awesome. - [Michaela] And you know, if you wanted to fill in more space-- - [Courtney] You can use a chisel. - [Michaela] Takes up no time at all. My friend Kim's birthday is on the 15th. Hi, Kim, if you're watching. - [Courtney] There are a lot of January babies. - It's a good month. And that way you can kind of see if you've over-committed yourself or if you've got time to do... Like, make art or something fun on the weekends. - Yeah, go back to your "intention" page or your "envision" page and see what you can schedule in. - [Michaela] Yeah, lots of fun stuff you can do with these. They're really great. - [Courtney] And this is like you were saying that just one stroke would sound like a really nice opaque fat layer color. - [Michaela] I'm not going back and forth or anything like that. So you can do, like, quick, satisfying, really graphic marks with these. - [Woman] We've got lots more questions. Okay, so, first question. April wants to know, "Who carries the most Sakura products in a retail environment?" - That's a good question. Where can you find a lot of these good Sakura products? I feel like my local art supply store does. - Yeah, art supply stores, craft, online. It's pretty easy to find our products online, too. - I would say, too, that like, you might have to look behind the lock box because... - Our products are really popular, so people try and get to them. - Sometimes people they walk out of the store and people forget to pay. So often, I know when I'm shopping for them, I have to get someone and then see they're behind the register and maybe it's in the lock box with the paint markers or what have you. So definitely, if you don't see them right away, ask somebody because they usually have them. They're in a lot of stores. And then you can buy things mostly in sets and individually, right? - [Michaela] Yes, usually. - [Courtney] This looks like Neapolitan ice cream. - [Michaela] Yeah, and you can go back over them with... Like this is a metallic

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silver. You can make marks over. - [Courtney] Oh, I love that. - [Michaela] And layer them 'cause they're really rich, so you can do a lot with these. A lot of people like these for, like, sign painting. - [Courtney] Oh, cool. - [Michaela] They're good for presentations. - [Woman] Our next question is... So speaking of bullet journaling, because it's very popular with the folks who are watching this. They're commenting like crazy. - Thanks for commenting, you guys. We hope to get to a lot of your questions. - [Woman] So Sherry wants to know, "Where can I get paper for bullet journaling?" - So Sherry's asking, "Where can I get paper for bullet journaling?" In the DIY Planner, which is Faith's class, which we just launched this month, there are three customizable, downloadable pages. There's the dot grid, which is super popular for bullet journaling. This is one of the most popular types of page spreads. It allows you to draw boxes, triangles, symbols, and grid things out in whatever format feels best for you. There's a traditional calendar spread so you can look at your month at a glance or your day. And there's also a grid, which I don't have here. We have over there. Which is awesome. Michaela actually made this kind of exercise chart. This is one of the styles for bullet journaling where you do these little boxes for every day and then you check if you accomplished your goal. In this case, it's walking and running. Sometimes it's drinking water for some people. It could be taking 15 minutes to just meditate. So this way to track that kind of movement and activity is great. And so we've included the graph page. So you can download all three of those in the PDF for Faith's DIY Planner class. Good question. - [Woman] Next question. Barbara wants to know, "Is there a drying time for this?" - No, we've been drawing right on top of stuff. - I've actually brought stuff to share with you guys today that's quick 'cause I know this is something people do. Jot something down, close it, and then go. And it would be terrible to have smudges or something there. So I brought you stuff that is quick drying or just easy to use and no mess or anything with a lot of color payoff still. - Which is awesome. So the Permapaque markers, as you can see, we drew with them and then wrote right on top of them using the Microns, and there's not a lot of waiting for drying time. - And if you're somebody that likes to save your journals and look back at them after a year, the Pigma Microns pens, that's archival ink. So you'll have everything you've written down for years and years to come. - I love it. - Don't forget to write your days of the week, too. - Oh, right! - I just did mine in a color block and then I'm just going right over it with the Micron. - [Courtney] I am loving this Micron PN. - [Michaela] Isn't it really comfortable to write with? And it's fun to draw. Just bouncy, I really like these. - [Courtney] I love it. - [Michaela] Your natural handwriting's so pretty. - [Courtney] Thank you. Sometimes a little illegible but I like the swing to it. So "Event," "Note." You do little keys for bullet journaling, so I'm making a little key here. - [Michaela] I like that you guys have this as a downloadable 'cause, you know, what if you do something you don't quite love. You can always start over. - [Courtney] Totally. - [Michaela] It's not dedicated yet, so you know, if you bought something and had it there, it'd be kind of a waste. - Exactly. Plus you can include blank pages. You can try with different kinds of papers. This is designed for just your basic kind of copy paper because it's very accessible, it's easy to use, it lies really flat when it's folded and glued up. So it makes it just like so functional and really easy to dive in and have a really successful year and a really successful planner. Which is key. Oh my god, I just love how you can do the Microns right over those Permapaque markers. I'm so surprised, it's so cool. I hadn't used them very much. Can I use your blush color? - Sure. Another thing I wanted to show you with the Permapaques... You keep going there. You can actually decorate on fabric with these. So, like, this book here, it's blank. And I know some people have with the fabric that they like but you can sort of make your own pattern and do whatever you want. - [Courtney] That would be awesome. - [Michaela] I'm gonna do, let's see... And they don't run, so it's nice. There's no shaking.

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It's not messy. I'm just gonna do little triangles, I guess. - [Courtney] Oh, I love that. - [Michaela] You can go back over it for more color payoff. I think I'm gonna do... Let's do black. You can totally customize your book this way and you can put someone's name on it and give it as a gift, maybe. Write "2017" on it. So there's a lot you can do with these markers. They're super fun. - Yeah, I love that. You said they also work on plastic and metal. That's so cool, and like no drying time. I know a lot of paint pens I've used before, you really have to wait for them to dry. - Yeah, these are great. - That's so cool. Do we have any other questions? - [Woman] We do. Kate wants to know, "What are the little hedgehogs between the two of you guys?" (Courtney laughs) - Good question. I went to my local Daiso, which is like the Japanese dollar store, and just picked up a few fun things that are good for planners that are probably not necessary, but just super fun to have. These are little tabs. So one of the things for bullet journaling is creating a little index in the beginning and then labeling all of your pages at the bottom. And then you could add these little tabs. Just like that, so that you have quick references. So yeah. To answer your question. They also have these great little kind of sticky notes and craft paper color and you can use the jelly rolls, the Sakura jelly rolls, on those. We normally use those on a lot of light shoots when Sakura comes, and they come in a million different styles and colors, and those are great for just writing on paper, too. - So one of the fun things about these-- - Oh, I love that! - You can do your spine so that you can shelve it an pull it out and have like a whole volume or something. - [Courtney] Yeah, you could make one of these every year. You could even do like if you happen to be a really prolific writer, you could do this for a month, you could make something like this and just do a line journal per month and then customize it on the spine. You could do it as a gift. I love that! You could do it as a to-do planner for a wedding or some kind of bigger event where you really have to kinda map out everything that's gonna happen. - [Michaela] We have these Permapaque markers in metallic colors as well. So I don't know if I could show you some of that. - [Courtney] That sounds great. - [Michaela] Let's just do some edging on it. But they're really pretty. They have a nice sheen to them. - [Courtney] Yeah, it's like a metallic purple. I love that. - [Michaela] I like to flip my book around just to make it more comfortable. - [Courtney] That chisel tip is so satisfying, too. - [Michaela] I know. - [Courtney] Really nice. - [Woman] We have a question from Brian from Creativebug. - Brian from Creativebug, hey. Thanks for watching. - [Woman] Brian wants to know if you were thinking of the podcast "Serial." - Yes, thank you. (both laugh) - I'd forgotten about that already. Yes, so you said you like a lot of true crime podcasts. Do you listen to "Serial?" - I have listened to "Serial." I am listening to "My Favorite Murder." They just had their 50th episode released today. That one's fun, they pick a theme every week, and they just talk about their favorite murder that goes along with that theme. - That sounds like something Faith is listening to, who's another Creativebug employee who made this planner! There's a lot of true crime fans around here. - Good stuff, that's cool. - I know Rebecca Ringquist, which is another one of our artists, she's an embroidery artist. She does a lot of pod-- I think most artists listen to podcasts or something, books on tape. I listen to a lot of books on tape while I'm painting. But she loves cooking podcasts, so I think people have a favorite genre to listen to. - I mean it's great. Living here in the Bay Area, you commute so much, it's just something fun you can turn on and just pass the time. - [Courtney] I love all your little doodles. Do you tend to be a doodler? - [Michaela] Yeah, I do, in my notes and stuff like that. Or letters, I'll try and do a little illustrative quality to it. - [Courtney] This is nice, this monochrome where you've got the purple Micron PN over the... = [Michaela] Metallic Permapaque. - [Courtney] I love that. That's awesome. Show us some of your other spreads. We won't demonstrate all of them on-camera but she did some prep ones that are really cool. - [Michaela] I did this one for... We're planning a renovation

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soon, so I just make a checklist of things that I will probably need to buy. And it's helpful because, like, I have two bathrooms I'm working on, a bedroom and a kitchen. And you can just kinda do all your light fixtures in the same store and then just check it off to make sure you got it all covered. - [Courtney] That's awesome. So this is with the brush tip pen. - [Michaela] That's the Koi brush. - [Courtney] And then this is this guy with the bullet tip. - [Michaela] And then this is the Micron. The grids are so fun because you can just count off, like, I did ten across here, and then just drew my line straight down. - [Courtney] That's awesome. And then if you know anything about bullet journaling, this is kind of like a common... just the box. And then when you've completed the task, you fill it in. - [Michaela] That's satisfying. I guess you could use the Koi to color in the boxes, too. - [Courtney] That's awesome. - [Michaela] Another fun thing you can do with the Koi when you're lettering is sort of, like, do this ombre effect by sketching downward. - [Courtney] That's really cool. - [Michaela] So it creates some dimension to your lettering. So pretty. - [Courtney] The brush tips are really nice. If you guys haven't used those, it allows you to get both the thick and the thin line just by pressure, which is why they're so great for lettering. So pretty! - [Michaela] If you wanted to add some backgrounds to these, you could do that too. - [Woman] We have another question. Barbara wants to know, "Do the pens seep through pages?" - [Michaela] I mean, I'll flip it over and show you what the back looks like. - Yeah, so the question was, "Do the pens go through the pages?" Actually, the Permapaques really sit on top, I think as do the brush tip markers. I think the Micron, just when you're holding it and you're pressing hard, there's a little more bleed but it's really good. I mean, the nice thing about the DIY journal, because you got pages glued together, the seepage is very, very minimal. I'm using a moleskin, just for kind of general calendar journaling, etc., and the moleskin pages tend to be very see-through. And I'm just gonna go with it. I'm not gonna worry about it. But I love that in the customizable planner, because those pages are glued together, you get very little bleed-through. It's really nice. - [Michaela] I can show you some illustrative motifs you can do in the corners of your planners. - [Courtney] 'Cause you can layer these in different ways other than just writing on top of bands of color. - [Michaela] I've been really into palm leaves lately. Just do some of those. - [Courtney] This one you're using the brush pen to start? - [Michaela] This is the brush pen. I'm just doing a leaf shape. Do a few different of my favorite greens. The greens are my favorite of the Kois. There's just so many and they're so pretty. I just think it's fun to have an illustrative quality to your journal. It's what makes it really personal. - [Courtney] I drew some leaves, too. - [Michaela] But I'm just doing one stroke to color this in. So it's just a ton of color payoff. Let's do some gold. - [Courtney] So you're starting with the brush pen and then going to the Permapaques? - [Michaela] Yeah, and I'm just making the veins in my leaves. - [Courtney] They layer so nicely, it's really awesome. - [Michaela] We had someone ask earlier about dry time. You can see it's kind of just going on top of each other pretty easily. - [Courtney] Yeah, there's really no waiting. - [Michaela] Do you have the black? I'm gonna steal it back. I'm just adding some shadows. - [Courtney] And it's nice, too. You can do the brush pens back on top of the Permapaques. They really just work so nicely altogether. - [Michaela] I mean, this gold is so pretty. It dried right away. I don't know very many metallic pens that'll do that. - [Courtney] Absolutely, and like you said, no shaking, which is cool. Oh my god, this is so fun. (Michaela laughs) - [Woman] We have another question. Gina asks, "Are Koi pens pigment-based or dye-based?" - They are dye-based. - So the Koi pens are dye-based. - That's these guys here. - So that means they really soak into the fibers of the paper. - [Michaela] Yeah, they're meant to be blendable. And you don't want it to fuse to the paper right away, so they're water-based Dyestuff ink. - [Courtney] Cool. And then the Permapaques, those are pigment-based? - [Michaela] Yes. - [Courtney] As are the Microns. - [Michaela] Yes, and

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once those are down, they stay put. They are permanent. - [Courtney] So fun. - [Michaela] I guess maybe I'll make this my vacation page, like places I wanna go, or things I need to pack or something. - [Courtney] Yeah, that sounds great. - [Michaela] You should do it too because your goal is to travel more this year. - [Courtney] This is "Places to Visit." - [Michaela] So what I'm doing, just a little lettering tip, I guess. On the left side of my letter, anything that's a downstroke, I'm pressing harder and getting the side of the pen. And then on the up, I'm just kinda lightening the pressure to get those thinner strokes. - [Courtney] Let me try that. - [Michaela] So just pressure, no pressure. And it gets kind of rhythmic after a while, it's fun. - [Courtney] I'm not very good at it. I'm trying. - [Michaela] Takes a little practice. - [Courtney] I actually took some lettering classes in college-- - [Michaela] "Vacation," exclamation point. - [Courtney] It's been a long time. - [Michaela] Oh, that's pretty! You can do like a drop shadow. - [Courtney] I love it. - [Michaela] And just blend, they're so pretty. - [Courtney] Yeah, it's really nice. - [Michaela] Where do you wanna travel this year? - [Courtney] New Orleans has been a goal. I'm definitely going to Canada for my friend's wedding in July. - [Michaela] That's fun. - [Courtney] What about you? - [Michaela] I'm gonna try and get to Japan this year. (Courtney gasps) But we'll see how that goes. - [Courtney] Eric, who's on our team, is going and I'm really jealous. - [Michaela] Yeah, it's a fun trip. The food and the transportation... - [Courtney] Yeah, that sounds amazing. Any particular places in Japan? - [Michaela] Anywhere there's good food. (both laugh) - [Courtney] I love it. My friend, Elisa Solomon, who's also a Creativebug artist, she just came back from there. And I still haven't even seen her, but I'm dying to see what she brought back. (Michaela laughs) I feel like I should be going on tropical vacations but that's not really my thing. - I like being warm. (Courtney laughs) It's so cold here right now. - I know, it is pretty cold. God, your lettering is beautiful, I love that. So many great ideas. If you guys are just joining us, don't worry because you can watch us again after the recording's over. And we have Michaela from Sakura here sharing some of her tips and tricks for journaling, bullet journaling, working in the DIY planner. And I love all of the products that you brought. The Sakura Koi brush pens, which are water-based, and give you a thick and thin line, great for lettering. The new Micron PNs, those aren't even out yet. - [Michaela] They're not out yet. They're coming! - [Courtney] But you can still win this. Plus a set of 12 of the Koi brush pens, plus the Permapaque in the skinny, which is great for journaling, too. Which are nice and opaque. And the cool thing, there's like zero waiting for drying for any of these. They all layer on top of each other again and again. It's pretty awesome. So you can comment and tag a friend on the post to be entered to win that. Thanks so much for joining us. Thanks for all your great questions, and we'll see you guys next week on Tuesday. - Bye! - Bye!

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