
Creating a Mixed-Paper Sketchbook with Pam Garrison

Chapter 1 - Mixed-Paper Sketchbook

Overview

(light upbeat music) - Hi, I'm Pam Garrison, artist and maker, and I'm gonna show you some simple binding techniques to take loose leaf papers and put them together into a sketchbook. (light upbeat music)

Making your sketchbook

- Let me show you a few examples. Here we've got one that's just simply bound, using a stapler. And, if you had a long-arm stapler, you could keep your pages longer, to staple all the way through the center. And, then this one I simply just folded the pages and put two rubber bands around it, and that keeps it bound. Here we've got a office supply folder, and I just slipped the pages on as I do it. Very easy. And, one last technique, little more complicated, is to actually bind it doing a pamphlet stitch. And, that looks like this, when done. To make that you need your loose leaf papers, cut to approximately the same size, fold it in half, some waxed linen thread, an upholstery needle, or a bookbinder's needle, an awl, scissors, and a label. I've got an assortment of papers, here, and the only thing I want to make sure is that the center paper and the outside paper is of the sturdier stock, just so that it's heavier and won't tear as easily. And, I'm gonna take this and punch three holes. I'm not a measurer, this is just a little booklet that we're just throwing together, so it doesn't have to be perfect, and I'm gonna eyeball it. And, in the center I'm gonna poke my first hole, all the way through. And then, I'm just going to eyeball again, splitting the difference, poking another hole, and again from the center to the bottom, a third hole. And, those are my three holes that the waxed linen will go through. So, we've got that. You could paperclip it, hold it tight. It doesn't matter because this is such a limited amount of paper in here, it'll stay together. And, now I'm just gonna pull some wax thread, at least two lengths of my paper, and cut it. And, I'm using an upholstery needle because it's got a duller tip and I don't poke myself, by accident. Thread it through. Start in the center. In other words, from the inside out, or from the outside in. I'll start from the outside in holding my pages together, and I will push the needle through. And, then I will make sure to hold this tail as it gets closer, so I don't pull it through. Now, I'm holding that tail with my one hand, and I'm gonna push through to the top, or the bottom hole. It doesn't matter which one you go to first. Come out the outside, go all the way down to the bottom hole, and go in, I'm still holding this taut and pulling it through. So, you've got it nice and taut on the outside and the inside. Going back through the center, to the outside. And then, I'm just gonna tie a knot, double knot. And, I am gonna slip it under this, so that the knot is grabbing that as we go, the thread that's there. You can take your needle off too, to make it easier, which I'll do. And, do another one. You could do a bow. You could do a knot. You could add a button or bead, if you wanted. And then, I'm gonna cut the little tails. And, there you go. You've got your pamphlet stitch. It's all sewn together. It's nice and taut. And, then just as a nice finishing touch, I'm gonna put a label on the top, to remind myself what this little notebook was, whether it be doodle sketches, or lists or anything like that. And, there you go. A super, simple pamphlet stitch.