
Holiday Art Journaling: A 4-Part Series with Dawn DeVries Sokol

Chapter 1 -

Series Overview

(upbeat music) - Hi, I'm Dawn DeVries Sokol, and I'm an author, artist, and avid art journaler. I've been teaching Holiday Art Journaling online for the last six years. And I really believe that journaling at the holidays is really important because it allows you to slow down and appreciate everything going on around you. With this workshop, you'll receive a month's worth of prompts. And each week, I'll show you how I approach a couple of them. Over the course of the class, we're gonna be discussing how you can use every day ephemera in your holiday journals. We'll talk about color palettes and how to build your backgrounds. Of course we're going to doodle and do some fun lettering. And finally, we'll add embellishments with things like stickers, tapes, and other doo-dads. Even though it's the busiest season of the year, it's always important to slow down, enjoy it, and record it in your journal.

Chapter 2 - Part 1: Get Your Merry On

Materials

- There is a ton of stuff in front of me, but it's really important to know that you can use pretty much anything in your holiday art journal. The most important thing is the journal. I do have a class on Creativebug showing how to make your own journal, and it would be perfect for this class. Or, if you'd like, you can also use the Strathmore Mixed Media journal, which I highly recommend as it takes the paints really well. We also have a lot of embellishments, tapes, stickers, all kinds of ribbons. I'll show you how to add a page in your journal using grocery paper bags. We're also gonna use things like paint chips from the hardware store, and different pieces from the coffee shop. Postage stamps, and a variety of glitter glue, glitter, tapes and markers, pens that I like to use, brushes and paints, some ink. Some of my favorite pens, like the Micron, the Fude Ball, the Uni-Ball Signo, and of course, pencils such as the Stabilo. I also like to use a variety of craft paints because they're inexpensive and an easy way to gather a bunch of colors.

Adding pages and creating a simple background

- Art journaling is a great way to express yourself and record the holidays. If you're new to art journaling, no worries because there are no rules and you can basically do it however you want just adding in a little bit everyday. I already have my journal made, so we're gonna start with adding a page in from a paper bag. I have some different ones here and you just basically gotta tear them apart. Which, sometimes can be (laughs) hard to do. So, just have a little patience. Always try to tear them at the seams. So I can get the most of the paper out of there without ripping it. Now, let's see here. Gotta find the seam. And if there really isn't one, there usually is one on most paper bags but, there it is. It's a little unruly. I think I'm just gonna use my scissors to cut it. And if you have a paper cutter that's great too, 'cause you can make your pages real easily by just cutting out from the bag. But here, I'm just gonna go ahead and use my scissors. And I'm gonna just basically get rid of all those, kind of, folded wrinkly ends. This is where a paper cutter does come in handy. Or if you have a ruler and X-acto knife or a straight edge you can use that too. And I think because of the size of my journal I really wanna keep the ribbon part of this end. So, I'm think what I'm gonna do is I'm gonna cut it down just a little bit more. Try to get some straighter edges. Which doesn't seem to be

working, but that's okay. Things don't have to be perfect. Ta-da (laughs). And let's cut this down, just one more. Might be a little wide but we'll try it. So what you're gonna do is you're going to put your page in. And yeah, see it's still a little wide, so we can always trim it here. But what I wanna show you is how to tape it in. And, I like to use either washi tapes or masking tape for this. And try to use something that is a bit wider but if you don't have anything wider like this you can always just double up your strips. And you're just gonna line it up to ridge in there and paste it down. And just try to tape it to the top and bottom of this page. Just make sure that you tape from edge to edge so that you don't have anything kind of flopping over the top or bottom. And you can even use different tapes together, it really doesn't matter. This tape is a little bit wider. So I'm just gonna throw that in there too. And like so. You can also tape it on the other side. Either you can cut it or you can just tear it. And I think I'm gonna do one more piece. It's always good to kind of reinforce it. And use our scissors on this side, there we go. Okay, just like so. And there you have an extra page in your journal. And it's got a neat little ribbon handle too. Even if you're working in a store bought journal you can add in pages just like this and it allows you to just not even really bother having to plan and you don't have to worry about how many pages you actually have. You can always add in as you need them. One thing I always recommend with a holiday art journal before you start, is to establish a color palette. And here I have some different color palettes kind of made up. As you can see, they don't necessarily have to be your traditional holiday colors. You can pretty much do whatever you want but it's good to have about five or six colors to choose from so that you have a variety and you can do some different kinds of things on each page. I'm basically pulling from this palette here and I've got some paints poured out on my plate. I'm just gonna kind of do a simple finger painted background for you, just to show you how to get started. Really easy. Gonna add my cool colors first and these are basically blues and greens and purples, things like that are all kind of considered cool colors. And they don't make mud. But if you start adding in hotter colors like reds and oranges and yellows and pinks, you're gonna get mud. So you wanna make sure that you add these kinds of colors together and mix them and then let them dry a little bit before you add your hot colors. I really like finger painting because it's just an easy way to kind of get paint on a page. You don't have the brush getting in the way and you really can kind of smear it around and get some different effects. And really kind of mix the colors in really well. Plus, you're making your mark. It's really you, just you and the paint. You don't have anything kind of getting in the way. Just add a little bit more color up here. Don't worry if you can see things through your paint of what's underneath on the bag. It kind of adds to the depth of the page. Once your cool colors have dried you can add your hot colors. You just don't wanna mix them together. Make sure everything's dry in between the cools and the hots. Just adding a little red and a little pink. And if you have like a little sharp edge, I use a nail. I like to just kind of doodle some icons into the paint. And then that way you're able to see the paint that was underneath come up through the color that you've laid on top of it. So, we're doing a couple little ornaments, little tree, and gotta make sure you do it when it's wet because once it starts to dry it's kind of hard to do this. You can write on these, you can doodle on top of them. Whatever. You can just leave it for another day. But it's great to start working on backgrounds in your journal so that you have some pages to work on later.

Setting your intentions

- The first prompt I wanna show you is the intentions prompt. With this prompt, we're going to ask the question: what do you intend to do with this journal? Before I answer that question, I want to prepare a background. So I'm just gonna use a couple of my paints, and I'm finger painting, and I'm

gonna do some real simple trees as the background. The great thing about the holidays is there's a lot of great shapes, very simple shapes. And then I might add a little bit of the blue, just kind of in the corners. Let this dry before you write on top of it. I'm gonna start this page out with a little doodling, and then writing down my intentions. So I want to first kind of go in and just make some marks. I'm using a micron, and it really doesn't matter what kinds of marks that you're doing. Just kind of do a little doodling in the corner, or something just to get your hand going. And then I'm gonna write the word intentions. And the great thing about lettering is that you can kind of go back over it if you're not real happy with it at first, and kind of finesse it. Don't worry if you start to kind of write over some of your trees if you've painted those, or done some shapes on your background and you write over them. It's not a big deal. And then I'm gonna write. And I can always go back over this writing later if I want just to kind of add better line to it, that kind of thing. But I want to write about my intentions. And it's going to be kind of like a little bullet list. And when I'm writing something, like a list like this, I like to try to kind of vary my handwriting. So I'll just do regular handwriting, and then I'll do script handwriting. My first intention is that I want to make my holidays brighter. And then my second intention, and you can kind of vary up your little bullet point kind of shapes too. The second intention is to document. And it's basically documenting the memories that I might forget later. And once again, you can go back over this lettering now, or you can do it later, it's really up to you. Later you might want to sit down and just doodle some more over this page, and go back over your lettering, and it will make it kind of meditative kind of thing. It's a great stress reliever. And then another intention, is to basically just love the holidays more. You can fill up your page with your intentions, or just write down a couple. It's really up to you. But right now, I want to go ahead and embellish the little trees that I painted in the background with some Stickles. So you can use Stickles or glitter glue, it's really up to you. And I'm just gonna use a little red, and I'm gonna start by adding in some little dots. And these take a little while to dry, so just make sure that you don't lay your hand over them or you're going to smear them. What I like to do is really kind of lay down the Stickles first, let those all dry, and then go back in and add more doodling and writing. Might even add a little bit up here in these little circles that I did. The great thing about the glitter glue is that it just adds so much shine and sparkle to your pages, and just makes it feel so much more like the holidays. And it really kind of makes things your own. So if you're using everyday ephemera, it will really make them, make it more like the holidays. And then I'm gonna go, you might want to turn your journal if you're afraid of smearing. And I'm just gonna kinda do almost like you're decorating your trees. Line it with some red. And I'm also gonna do a little red star at the top, just like that. And then you can also kind of maybe do some lines down one. And we're gonna add another color too, to this, of the glitter glue. And I think that's it. Gonna take some of the green. This way you're really kind of decorating your pages and making them your own. And you're doodling with glitter is what you're doing with this. Don't worry if it's not perfect. Great thing is is that they dry so wonderfully. You're gonna come back and go oh wow, I didn't know it was gonna look like that! You can also, if you move your journal around, just really rotate it, you can also take and line your letters, fill them in with the glitter glue or the Stickles. And I'm just filling in these letters, just to add more sparkle. And then I'm gonna go and kind of just do this one haphazard. And of course, I've gotta do this one in here. Some of this tree has writing over it, so I'm just gonna kind of work around it a little bit. And then I'm going to use some gold. So now we've got some different colors going on, still within your color palette. And I am using red and green, but you don't have to. You can really kind of use a color palette all your own. And I'm just kind of letting these, letting this kind of drop wherever. Just adds a little bit more to the page. So you can apply a heat gun to these and let them

dry that way, or you can just let them dry naturally, it's really up to you. But later on you can go back in and do some more doodling, refine your lettering, and finish off the page.

Doodling holiday icons and using collage

- Another prompt for this week is doodling holiday icons, finding the things about the holidays that you really like, and there's so many great icons, so many easy shapes to doodle, collage, all that, on your pages. So what you want to do is just kind of think about the kinds of things around you that decorate for the holidays and things like trees, gifts, ornaments, stars, anything. It all works and it's all really easy to doodle. Using my Fude ball pen, I'm just gonna start to doodle some different shapes. There are a lot of shapes that you can do, but you're definitely gonna have some go-to shapes, things that you like to really do over and over, and that's okay. You can try to do patterns out of them, maybe draw them different ways. Stars also have five points, six points. You can do a Star of David. You can do all kinds of stuff. There are also trees. There's lots of different ways to draw trees. I can do like a simple Scandinavian kind of style tree. You can do more of a full pine tree. You can try different things. Maybe something will kind of speak to you. You can doodle ornaments so that you're basically doodling around ornaments. You can make your stars an ornament, have little string kind of coming down from the top of your page. Maybe there's a little bow. You can doodle a whole page for these or part of a page. You can use your stickles. You could even collage your little icons onto your page. However you want to do it. It's really up to you. Another prompt for this week is collage, and I'm just gonna show you some ways to use every day materials and adding collage to your journal pages. You can use a Christmas card, and you can even use like a punch. There's a lot of great punches out there that will give you different shapes. You could also use a round punch. And if you're not sure if you want to kind of, if there's a certain area you really want to punch, turn your punch upside down, and then that way you can see what you're actually punching out of the card. So now, what we're gonna do is kind of collage onto our page. And since this is a little bit heavier of a paper than the card, we're gonna use some matte medium to put it down. I also want to show you though, too, you can use different things, such as paint chips. Actually, I think I'm gonna punch out a few stars out of that. Maybe get a couple different of the greens. Okay. I have past holiday cups from coffee shops that I like to use and I'm just gonna punch out a couple of those. You have to kind of tear apart the cup and then kind of pull out that waxy liner, but it'll give you a great bit for collage. So I'm gonna use some of my matte medium, and I'm just gonna put a little bit on the tip of my finger, and then I'm going to kind of rub it on the back of one of the collage bits and just press it down. Really make sure that dries. And then I'm gonna just continue to do that with all of them. These are gonna be like a bunch of little ornaments coming in from the top of the page. Don't worry if you get excess. You can always wipe that off with a paper towel. And they might even curl up a little bit. You might want to just kind of press them down. Maybe even put a little bit of a weight on top of them. Sometimes thinner papers will work a little bit better. It doesn't want to stick. You just have to really keep playing with it. Okay. And then I'm just gonna add a little bit more gel medium to the other pieces and place them on our page, and then we will let this dry. If you're using heavier papers to collage with, you really want to use the matte medium or a gel medium, and it just adheres it better. And you can always even brush it over as a top coat, just to kind of finish it off. Once your matte medium is dry, you can use your pen to doodle on top. And I just like to kind of just add all these little strings of these little guys hanging. Don't worry if some are kind of in the way or if they fall on top of strings and stuff. You can just kind of make it look like they're all hanging there together. And little bows. Like to make it look like they were tied on there.

You can also use your Stabilo pencil and just kind of go around those ornaments and you'll smear it in, and it kind of gives you a shadowy effect so that it kind of looks like they're not just flat on the page, but they're a part of the page almost. Just makes it look more natural. Just smear it. You don't even really need to wet your fingertip or anything. You can if you want, but I find I get the most natural kind of shadow when I just smear it with my finger. Just outline those. And then, take some of the stickles and I'm just gonna kind of decorate some of these to make them pop a little bit more. Just real lightly. Just little bits here and there, kind of tie them all in together, too. This will be a great page later for you to go in, doodle, and make lists. This week, we're getting into the journal, and it may be difficult at first, but just try to make it a habit every day to get in there, even if you're just writing down a word. Don't worry about it. It's your journal. It's your time. Make what you can of it.

Chapter 3 - Part 2: Backgrounds and Collage

Part 2 overview

(relaxed music) - Here we are in week two. By now, you should have a bunch of holiday cards in your mailbox and different kinds of options around you'd put in your journal. I'm gonna show you how to use those materials in our prompts this week. (relaxed music)

Gratitude practice

- Before we dive into the prompts, I wanna show you one of my favorite background techniques using the Dylusions ink sprays and some white paint. You'll also need a old credit card or some kind of old hotel room key to scrape your paint with. First I'm going to find a page that will work. Actually I think we're just gonna put it here. And you're gonna take your Dylusions, and I never use the spray nozzle, I just use the stick inside, and I actually just kind of doodle little icons out on my page with the ink. And I just keep dipping it in almost like it's a pen. And as you can tell I really like trees. And I'm gonna try to match it up a little bit to what we have over here. So I'm gonna take the kind of turquoise color and just kinda scrape some of that across too. Now you can let this ink dry or you could even spray it with a little bit of water and just kinda mist it to let the color run a little bit. Once your ink is dry, your next step will be to scrape some white paint across the page. So I'm just using some Martha Stewart wedding cake. And I'm just going to blot it down a little bit, a little glop, and I'm gonna use my credit card and just kind of scrape it across. Make sure you get that excess off the card. Might have to scrape it across a couple times. Just try to really cover the ink. Once your page is dry, it's gonna look like this. The ink kinda bleeds through the white paint, giving you almost a mottled effect. We start out our prompts this week with what am I grateful for? I think this is really good to reflect on at the holidays. And I'm just gonna use this page as a background and just kinda write here in the corner. I'm using my Fude Ball, and I'm just going in and writing the word grateful. You could even always do this with if you can find the word in a magazine and cut that out, or you can print it out on your computer and paste it down. And I'm gonna add, in script, and I'm just gonna make a little list. I'm listing down that I'm grateful for my family first and foremost. That I get to do what I love for my job. And that I have such great support in my life from those around me. I'll use one of my pens we haven't used yet, the Gel Xtreme. First I'm just gonna color in that word, grateful. I'm also gonna use another color of the Gel Xtreme to maybe decorate these trees a little bit. Adds more color to the page. Just sitting down and recognizing what you're grateful for can be a real blessing at the holidays.

Working with prompts

- One of the things I like to incorporate into my holiday journal are old Christmas cards. So just reach into your mailbox and see what ya got. I have a card here that is actually a little bit taller than my journal, but I'm not gonna cut it down. I'm just gonna tape it in and use it as an extra page. So I'm gonna use one of my tapes, these are my everyday tapes, they're not even holiday tapes. And I'm just gonna tape it in pretty much like we did with the paper bag last week. I'm gonna use a couple strips on each side of it. Just wanna tear it off to even out at the bottom and top. And then you wanna do it on the other side too just to make sure it's in there. Make sure you just kind of reinforce it with a couple pieces. You could paint inside of it, or leave it blank the way it is, and with the writing that's in it, it's up to you. You can also use holiday packaging inside your art journal. And for the next prompt that we're gonna talk about, who's naughty, who's nice, I've got a Santa that was cut out of a soda bottle, and I'm just going to place him down on the page with some Tombow MONO. I've sanded down the back side just so that it kind of gets some of that shiny, waxy surface off of it. Makes it easier for it to stick. You could use any image of Santa, or basically do anything that you want with this. I'm gonna paste him at the bottom of the page. And he fits just there, right across. And then, I'm gonna use my Stabilo pencil, I'm gonna trace around him, just to give him that kind of shadowy smear. Even using it over the tape that I just laid down. So it all kinda blends in together. I wanna show you some pages from holidays past. This was actually the who's naughty, who's nice. And I did it in a year when I was not happy with my brother so actually pointed out that it was me that was the naughty one. I added a picture of my brother, when he was much younger. I used some foil for an ornament and some stickles. And I also used some packaging for the Santa. This was from a couple years ago and I really used a lot of elements for collage, there's some tapes in here, some different ways of attaching things, which we'll talk about pretty soon, and just different images from catalogs, magazines, all kinds of stuff. You even see the paint chips in there too, which I've kind of used as windows for little doodles. You can see how adding a lot of elements and collage adds a lot of texture and color to the page. In this journal from last year, I used a Christmas card from a friend. And on the back of it, I doodled, and wrote, and hung a little ornament with a paperclip. This is also a fun technique that we haven't covered, just where you can use a scrapbooking transparency and just bind it into your journal, or you could even tape it into your journal, like we've discussed. Fill up the page to your heart's content. With the holiday season, there's some good and some bad things. Just let it go, let it all out there on your journal pages 'cause that's what it's there for.

Chapter 4 - Part 3: Doodling and Lettering

Part 3 overview

(lighthearted music) - This week we're focusing on doodling and lettering, my favorite part about journaling. I think it's because you can really express yourself and really make your mark in your pages. The great thing about both of these activities is they allow you to do a little or a lot on your pages.

Bucket list

- I've got a spread here, two-facing pages that I've already kind of painted, and done a few things with, but I wanna start working on the prompts. And the first prompt that we're gonna talk about is the Bucket List, what I want to do in the coming year. For this, I'm gonna work with the Fude Ball. And, I think I'm gonna kind of rotate my journal just a little bit. It's always great to have your text

and your doodles kind of flowing all over the page, so there's not just straight up-and-down, back-and-forth. That you're really kind of adding some visual interest to the page. I'm gonna start out by saying My Bucket List. Just gonna write that out in my block lettering. And if you're not sure about writing this, you could even print this out on your computer and paste it down, or find the words in a magazine and cut them out. But I think it's more fun to try to do the hand-lettering, because it really makes the pages you. First one is that I want to start a product line. Second one is that I want to go back to Europe. And number three is that I just want to travel more in general. Just working in the corner of the page allows me to have more room for other things throughout the season, and I can just keep adding and doodling, and embellishing as much as I want. Gonna add some icons in there, I like the stars. And then, I'm also going to add some glitter glue. Kind of dot it around what I've doodled and lettered. I'm also gonna add it to those first two words, to kind of bring it all together. Don't be afraid to use your embellishments, your glitter glue and different kinds of things. They just really add a lot to a page. Anything that sparkles will definitely add a lot to a page, and say Holiday. Gonna rotate this so I don't smear anything that I've already glued down. And I'm not gonna worry about filling the whole letter in, I'm just gonna get some color in each of 'em. And just remember with the glitter glue, you don't want to really put too much on there, you don't want to gob it on there because it takes quite a while for it to dry. You can always doodle a little line around this to kind of pull it all together. Bucket lists don't have to be huge things. They can just be little, tiny things, little goals that you want to set for yourself in the next year.

Lettering quotes

- Another great opportunity for doodles and letters in your holiday journal is another prompt from this week, which is writing down random bits of pieces of conversation that you hear while you're out and about, or even writing down little snippets from different holiday movies that you like. I'm going to use the same spread that I've been working on, just to kind of show you that you can really keep adding and building your pages over days, even weeks. You don't have to do a full page every day. I'm using my acrylic paint pen from Montana. Just going to write really big across the page, and we're going to refine those letters. Simply doing some outlining of the letters. At this point you really don't have to worry how they're looking, because you're just going to refine them as you go. This is a quote from the Elf movie with Will Ferrell, and it's where he says, "Smiling's my favorite." And so I'm just going to write the word really big, smiling's. And then I'm going to go back over those letters and refine them. Use my Fude Ball to outline that word, and don't be afraid to rotate your journal, just so that you have easier access to what you're trying to work on. And so I'm just outlining each letter. And this also helps you to kind of cover up some of those little mistakes that you make while you're first writing the letters. I'm just trying to find all the little spots where we need to kind of touch up. I'll use my Sigma white gel pen to add highlights. You want to think of a light source, as in which way the light would be shining toward the word. So what I like to do is just kind of think of it coming in from the left, hitting certain areas of the letters. If you don't like the way this turns out, you can always go back over with the red paint pen, and fill it back in, and then try it again. And it takes practice to kind of figure out where it looks best. Switching out to the Fude Ball, we're going to go back in and finish that little quote. And I think when you're lettering, it's always best to kind of focus on one word, make one word big in your quote, and then kind of work around that with smaller lettering. I'm just going to go over this just to kind of refine it. Add maybe a little dot or two here or there. And then I want to attribute it, so I'm just going to put the word "elf" underneath. Also going to add little quote marks. I also want to add a little snippet of conversation I

heard out in the mall. Santa's Helpers were yelling at a kid, "To the back of the line, kid!" So I'm going to write that out. Between just regular lettering and script. And just remember you can always use stencils as a base first, or cut letters out of a magazine to help you out if you're not really happy with your lettering. And then I'm going to attribute that to Santa's Helpers at the mall. Writing out quotes in your pages is a great way to practice your lettering.

What I like about winter

- The last prompt for this week is what I like or dislike about winter. I've already cut out some snowflakes from some different grocery bags and pasted them down, and I'm just gonna doodle and write over them and around them. Also means lots of lights. I'm writing out the word "sweaters." Don't get to wear them very often. Make it work in the space however you can. I'm also gonna add some glitter glue just to kind of brighten it up a little bit. I'm also going to use a little bit of these liquid pearls. Like the glitter glue, you want to make sure that you give them time to dry. And this is as simple as just adding little lines here and there, and little dots just to give it some color. You'll find that doodling and lettering on your pages can really help you de-stress during the season.

Chapter 5 - Part 4: Adding Bling

Part 4 overview

(upbeat acoustic music) - This is the last week of class and your holiday journal is really meant to be a place for you to relax and de-stress. If you feel like there's some pages that got away from you that you simply haven't filled I'm gonna show you some great ways to kind of troubleshoot those pages and add embellishments too. (upbeat music)

Embellishing

- Let's start with some of those empty pages, that you're just not sure how you're gonna fill. We're gonna glue them together with some matte medium. I use my finger to kinda spread it around. You can use a brush as well. I would highly recommend using a foam brush though if you do use a brush because it tends to make things get real sticky real fast and you don't want to ruin your brushes. So I'm gonna clip these pages together, just to help it reinforce it and let it dry. And then I've got these three actually that I want to glue, so we're gonna do that one first. And then we've got this one here. Clip those. While this is drying we're gonna embellish it. I have a cute little strand of tinsel that I want to attach to my page. And I'm gonna do this with my stapler. You could also glue it down, but it's a lot easier to staple it, unless you've got a binder clip in the way. It's a great way to add on different kinds of pieces to your pages. And I also have this like cute little fringe. You can even attach things with brads like this cute little snowflake one or even just regular brads. Add it into the corner of my page for a little embellishment but if I want to attach a picture it's a great way to do that, or any other piece of ephemera. You can even add embellishments to your spine of your book. If you've made a journal in my other class on Creativebug or have an exposed binding, you can easily do this. Just tie it through your thread. Great way to add beads and other doodads to your spine. This is something I've done on a lot of my holiday art journals in the past. Just add some beads and charms and ribbons. As we wrap up the season, I just wanna do one final prompt. My Favorite Things. You can do this as a list, doodling, collage, painting, it's really your choice. I'm first gonna make out my list, and then I'm going to draw my little title of the prompt. I'm using my Gel Extreme and I'm just gonna write out the word "music". I'm gonna use a few different colors. Don't

be afraid to vary things up a little bit with your list. Use different colors of pens. Use different kinds of writing. Different little symbols. My second thing that I love is food. Food of any kind. I'd be remiss if I didn't add in the word "art". I'm also going to take these pens and kind of embellish the little trees in the background. Some of them you can't really see very well but that's okay. And then I'm also gonna take some of my matte medium, smear that down with my finger, being careful not to go over the gel pen that I just put down on the page, and in that I'm just gonna sprinkle in some of the little tiny star confetti that I have. You're gonna want to really let this set and dry before you pick it up and shake off the excess. I'm gonna add a couple more things. The holidays would be considered one of my favorite things. And I love creating for the season. And then I'm gonna also add some of that pen to the trees as well. This kind of brings those colors all throughout the page giving it a little bit more of a balance. Holiday art journaling isn't rocket science. It's really what you make of it, and it's a place for you to de-stress and be creative and express yourself.